

Helpline, Email Support and Live Chat Volunteer Training Schedule:

Provisional schedule April 2026

Training Session	Date	Time
Introduction and Reflective Practice	Monday 20 th April	6:30-9pm
1. Rape	Saturday 25 th April	10am-4pm
2. Childhood Sexual Abuse & Supporting Young Women	Saturday 2 nd May	10am-4pm
3. Suicide, Self-Harm & Eating Disorders	Saturday 9 th May	10am-4pm
4. Ritual Abuse & Dissociative Identity Disorder	Saturday 16 th May	10am-4pm
No training -break for 2 weeks	Saturday 23 rd May Saturday 30 th May	
5. Live chat and email: skills and practice workshop	Saturday 6 th June	10am-4 pm
6. Supporting Racially Minoritised Women	Saturday 13 th June	10am-4pm
7. Prostitution & Helpline: skills and practice workshop	Saturday 20 th June	10am-4pm
Policies & Procedures	Thursday 25 th June	6:30-9pm

Additional information

- ❖ Shadowing shifts for each service – helpline, email and live chat - will take place throughout May, June and, possibly, July.
- ❖ All training sessions above will take place **face to face** in a venue in **Cambridge**.
- ❖ Participants are expected to attend **all of the sessions**.
- ❖ There might be some additional reading/viewing each week.
- ❖ Cambridge Rape Crisis Centre will endeavour to facilitate the sessions at the times and dates listed above. However, some sessions may be swapped or changed due to unforeseen circumstances such as trainer's availability or illness.