

Sessional Emotional Support Worker Mandatory training and induction

Training Session	Online or in person?	Date	Time
1. Introduction, Reflective Practice, Self and Collective Care	In person	Tuesday 27 th October	6.30 to 9 pm
2. Rape, Childhood Sexual Abuse & Supporting Young Women	In person	Saturday 7 th November	10 am to 4.30 pm
3. Suicide, Self-Harm & Eating Disorders	Online	Tuesday 10 th November	6.30 to 9 pm
4. Ritual Abuse & Dissociative Identity Disorder	In person	Saturday 14 th November	10 am – 4.30 pm
5. Email Support	Online	Tuesday 17 th November	6.30 to 9 pm
6. Live Chat Support	Online	Tuesday 24 th November	6.30 to 9 pm
7. Prostitution & Helpline Workshop	In person	Saturday 28 th November	10 am to 4.30 pm
8. Policies & Procedures	Online	Tuesday 1 st December	6.30 to 9 pm

Requirements and additional information

- Women and AFAB non-binary individuals (aged over 18 years old) who have been subjected to sexual violence and abuse and/or who have been supported by CRCC are welcome to apply so long as it has been at least 12 months since they accessed CRCC services.
- Participants are required to attend all paid training sessions as specified above, without exception.
- For online sessions, participants need to ensure they will join from a private and confidential space where they will not be interrupted nor overheard. They must have their camera on, except during breaks or when invited to do otherwise by the training facilitators.
- Once the training has been completed; participants commit to booking a helpline assessment, a live chat assessment and to completing the email practices.
- The training and induction programme includes shadowing shifts on the Emotional Support Services.
- In person sessions will take place in a Cambridge venue.
- There will be some required materials reading and/or viewing before each session.
- Cambridge Rape Crisis Centre will endeavour to facilitate the sessions at the times and dates listed above. However, some sessions may be swapped or changed due to unforeseen circumstances such as trainers' availability or illness.
- CRCC reserves the right to make modifications to this training and induction programme to ensure that Sessional Emotional Support Workers are appropriately prepared the role.