



Cambridge Rape Crisis Centre

Report of the Trustees Year Ended 31 March 2020
for Cambridge Rape Crisis Centre



Art work produced by the girls and young women who attended *The Girl Up Group* in 2019

Annual Report April 2019 - March 2020

Cambridge Rape Crisis Centre

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for the Year Ended 31 March 2020**

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Message from the Management Committee For the Year Ended 31st March 2020

As a specialist, independent, grass-roots Rape Crisis Centre, this year Cambridge Rape Crisis Centre (CRCC) continued to provide support services to survivors of sexual violence in Cambridgeshire. We have continued to work closely with a range of partner organisations to bring about the best possible outcomes for survivors and continued our work to tackle and challenge the causes of sexual violence as well as highlighting gaps in services for survivors in our county.

We have sustained our telephone helpline service this year and have responded to 750 calls. New volunteer groups were recruited during the year and underwent the CRCC helpline and email support training and this in turn has enabled us to continue to deliver these vital support services. This year we have seen a continued increase in emails to our email support service.

Demand and need for the Independent Sexual Violence Advocacy service (ISVA) and Children and Young Peoples ISVA service continues with 413 survivors accessing the service in the reporting period. This year we were able to increase the ISVA service capacity with additional funding through Home Office CADA fund and have been able to appoint a new Children and Young People's ISVA.

Our counselling and talking therapies service supported 203 survivors through trauma informed specialist therapies. This year we continued to deliver the NHS Talking Therapies contract, through NHS England, to deliver immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the last 12 months.

For the second time we successfully secured the countywide Sexual Violence Support Services contract in partnership with our sister centre in Peterborough as part of our Cambridge and Peterborough Rape Crisis Partnership.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

At a glance

750 calls taken on the helpline

1050 support emails responded to

1440 counselling sessions delivered

1799 ISVA service sessions delivered

6 survivors attended group work project

11 trustees overseeing and steering the work of CRCC

With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, The Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, University of Cambridge and our sister centre Peterborough Rape Crisis Care Group, members of the Cambridge and Peterborough Women's Consortium; Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge, for their continued support throughout this year.

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, Cambridge RAG, BBC Children in Need, The Big Lottery, Co-Op Community Fund and Lloyds Bank Foundation. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the members of the management committee, the trustees, staff, sessional counsellors and the general members of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of CRCC without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

**And finally, thank you to all the women and girls who use CRCC,
for inspiring us with their strength and courage and for teaching
us so much.**

Report of the Trustees for the Year Ended 31st March 2020

The trustees present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

Reference and Administrative Details

Charity name: Cambridge Rape Crisis Centre
Registered Charity number: 286098
Registered address: Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:

A O'Leary - Deputy Chair to 05 November 2019. Chair, appointed 05 November 2019
M Messmer - Deputy Chair, appointed 17 December 2019
J Grech - Secretary
S Helm - Treasurer
M Lowthian - Chair to 05 November 2019
M Correia
A Lindup
C Moore
S Anderson
A Perry
ER Cornwall - resigned 04 September 2019

Independent Examiner

Lanham and Company
Chartered Accountants
9 Great Chesterford Court,
London Road,
Great Chesterford,
Essex, CB10 1PF

Contact details and website

contact@cambridgerapecrisis.org.uk
www.cambridgerapecrisis.org.uk

Bank

Royal Bank of Scotland, Cambridge.

**Report of the Trustees Year Ended 31 March 2020 for Cambridge Rape Crisis Centre
Charity No: 286098**

Staff:

Norah Al-Ani – Director
Claire Gardner – Volunteer Co-ordinator
Katy Edwards - Counselling Co-ordinator
Ellie Ball – ISVA Manager
Clare Baker – Fundraising Manger (joined February 2020)
Rachel Sirotinina – Administrator
Cheryl Hollis – ISVA Navigator
Jenny Colley – ISVA (left in October 2019)
Rosie Levine – ChISVA
Susan Mills – ChISVA (joined in April 2019)
Kelly Johnson – ISVA (joined in October 2019)

Counselling Team:

Andrea Van Kleef
Anita Gatt
Carolin Reisert
Chantelle Coupland
Charlotte Snoxall
Dawn Walker-Smith
Emily Smith
Esra Gürkan
Jan Grainger
Joanne Thompson
Lauren Ashton
Lisa Tilling
Margi Appleton
Michelle Hughes
Shamila Mushtaq
Susan Mills
Terri Forbes-Mitchell

Structure, Governance and Management

Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity. This charity has been registered with the charity commission since 5th May 1983 and established under a constitution containing specific objectives and powers which undergoes annual review at the AGM.

Organisational Structure

The current structure of the organisation is as follows;

The Management Committee of the CRCC (hereinafter referred to as the “Committee”) shall consist of no fewer than 3 and no more than 12 Trustees together with at least two active call-takers with CRCC. The two active call-takers will be the call-taker representatives on the Committee and will be elected by the volunteer group and co-opted onto the Committee. Such representatives can choose to become Trustees of CRCC but are under no obligation to do so. At least one Trustee must not be working with CRCC service users in any way during their term as a Trustee.

Trustees shall be elected by majority vote at the AGM of the CRCC. Trustees are elected for a one year term, but may be re-elected annually.

**Report of the Trustees Year Ended 31 March 2020 for Cambridge Rape Crisis Centre
Charity No: 286098**

The Committee shall include the following executive positions: Chair, Deputy Chair, Secretary, Treasurer, and Call-taker Representative. Other Trustees shall be elected to fill non-executive positions that are deemed necessary. No Trustee shall hold more than one executive position, but may hold more than one non-executive position, or one executive position and one or more non-executive positions.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

Annual General Meeting

The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensure a consistent quality of delivery for the operational aspects of the charity

Remuneration Policy

CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

Reserves Policy

CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the

**Report of the Trustees Year Ended 31 March 2020 for Cambridge Rape Crisis Centre
Charity No: 286098**

year ending 31 March 2020 were £394,297 of which £200,332 were unrestricted and £193,965 were restricted. The trustees consider this to be a satisfactory amount.

Aims and Objectives

Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

We listen and believe

Cambridge Rape Crisis Centre Aims:

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Securing high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and policies for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

Achievements and Performance

Summary of Charitable Activities April 2019 – March 2020

During 2019-20 CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire. Through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support and group work.

Towards the end of this reporting year the country entered its first national lockdown in response to the Covid-19 pandemic. CRCC immediately carried out risk assessments, made contingency plans and introduced new ways of working to prevent any interruption of services.

Telephone Helpline

In the year 2019 – 2020 CRCC responded to 750 calls to our telephone helpline. In the reporting year the helpline was open for 401 hours. The Helpline is open three times a week, on the following days:

Wednesday	7pm – 9.30pm
Thursday	7pm – 9.30pm and
Sunday	10am – 12.30pm

Email Support

The Email Support Service provides an alternative route to accessing emotional support and information for survivors for whom using the written rather than spoken word may feel easier, safer or more comfortable.

We have responded to 1050 emails in the reporting period. By increasing the number of email support shifts we have been able to reduce our response time this year.

There are over 25 volunteers providing the helpline and email service. These services could not run without the commitment and dedication of our volunteers. All CRCC volunteers receive an initial 50 hours specialist sexual violence training to undertake the role of helpline and email volunteer and there is a programme of continuous professional development. The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting BAMER survivors, supporting Lesbian and Bi survivors and the criminal justice system.

Counselling Service

In the reporting period we were able to deliver counselling to 203 survivors. This included provision through the VAWG Transformation Fund which is a service that is child and young person focussed and entirely delivered in the community to ensure that children and young people can access the service with ease and at venues close to them and that feel safe and comfortable.

This was the second year we continued to deliver the NHS Talking Therapies contract, through NHS England, to deliver immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the last 12 months.

Group Work

In the reporting period we ran a peer support group project, the Girl Up Group for girls and young women aged 13 – 16yrs. The group enabled young women and girls with shared lived experience to come together, support each other, reduce social isolation and build a community of resilience. One of the girls said of her time in the group *“to know you're not the only one really helps”*.

Independent Sexual Violence Advocacy Service (ISVAs)

In the reporting year the CRCC ISVA service supported 413 survivors. The ISVA Service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable advice to survivors of sexual violence in relation to police processes and the criminal justice system.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people to access a range of appropriate universal services, explores ways to help manage their mental health and help them to stay engaged within the criminal justice system. ChISVA support offered pre, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence. This year we were able to enhance our ChISVA provision through the appointment of a part-time ChISVA made possible with funding from the Cambridgeshire County Council's CADA Home Office funded project.

Men and boys

CRCC provides a number of services to male survivors and these include:

- Talking Therapies Service – men and boys (any age)
- Young Peoples Counselling service – young men and boys aged up to 19 (24 years with additional needs)
- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children's ISVA service – boys aged 0 – 13 years

Outcomes and impact:

Summary of 'before' and 'after' outcomes:

Wellbeing Statements	Before Support		After Support	
	Agree	Disagree	Agree	Disagree
I feel able to make everyday decisions	60%	40%	100%	0%
I feel confident in myself	32%	68%	95%	5%
I feel good about myself	8%	92%	80%	20%
I feel in control of my emotions	15%	85%	80%	20%
I feel close to people who matter to me	70%	30%	98%	2%
I have people around me that I trust	82%	18%	97%	3%
I am taking care of myself	43%	57%	75%	25%
I have positive coping strategies	30%	70%	100%	0%

Summary of overall service evaluation:

Statement	Strongly agree	Agree	Disagree	Strongly disagree
I got the information I needed	67%	33%	0	0
I got the support I needed	79%	21%	0	0
I felt believed and understood	85%	15%	0	0
The support was sensitive to my needs and situation	85%	15%	0	0
I felt comfortable with the way support was provided	75%	25%	0	0
The environment of the support venue was safe, welcoming and private	80%	20%	0	0

"There are so many positive changes because of the support I received from CRCC. It's been life-changing. I received more support than I even knew was possible. It gave me back my hope, my voice, my courage, and helped me make it through the worst times".

Who we supported

Service user profile April 2019-March 2020

Gender*		
Female	Male	Trans/Non-Binary
650	32	17

Presenting experience / assault type*	
Type of assault – adult 18 year and over	
Adult - recent rape or sexual violence (18yrs+)	398
Adult - Historic rape/sexual violence (18yrs+)	96
Adult - Historic child sexual abuse (18yrs+)	82
Not known/chose not to say	150
Type of assault – Young person (13-17 yrs)	
Young person – Recent rape/sexual violence (13-17yrs)	100
Young person – Historic rape/sexual abuse (13-17yrs)	28
Young person – Not stated (13-17yrs)	7
Type of assault – children (under 13yrs)	
Children – sexual abuse (under 13yrs)	46
Support provided to support of survivor (parent, carer, sibling etc)	
Support for supports	22
Multiple assaults	
Adult – multiple assaults (18yrs+)	202
Young person – multiple assaults (13-17yrs)	24
Children – multiple assaults (under 13yrs)	6

*where data is provided

Training, outreach and community connections

CRCC has delivered training to over 150 people in the year including to public sector staff, health care professionals, schools, colleges and a wide range of community groups and organisations. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence.

Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership

This year the Cambridge and Peterborough Rape Crisis Partnership were successful again in securing the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

RAPECRISISPARTNERSHIP
CAMBRIDGE & PETERBOROUGH

Cambridge and Peterborough Women's Consortium

CRCC is a proud member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge. In the reporting period the CPWC were successful in securing funding through the big Lottery Fund for the a 5-year project which includes the appointment of a Consortium Coordinator, a Training and Development Worker and the establishment of Experts by Experience groups who will shape and inform the consortiums work going forward.



Cambridge & Peterborough
WOMEN'S CONSORTIUM

Future Activities

Over the year 2020-21, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through counselling and talking therapies
- Peer support group work projects

Retain, support and invest in staff and volunteers throughout the charity. As part of the organisations sustainability plans a fundraising manager was recently appointed in a newly created post, with the aim of establishing a more independent and secure income.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS)

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nations, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

**Independent Examiner's Report to the Trustees of
Cambridge Rape Crisis Centre**

Independent examiner's report to the trustees of Cambridge Rape Crisis Centre

I report to the charity trustees on my examination of the accounts of Cambridge Rape Crisis Centre (the Trust) for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of the Association of Chartered Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA
Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Lanham and Company Limited

Date: 8 March 2021

Cambridge Rape Crisis Centre

**Statement of Financial Activities
for the Year Ended 31 March 2020**

	Notes	Unrestricted funds £	Restricted funds £	31.3.20 Total funds £	31.3.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	14,758	-	14,758	12,040
Charitable activities	5				
Support and advice		9,009	370,407	379,416	475,440
Other trading activities	3	56,105	-	56,105	39,708
Investment income	4	<u>186</u>	<u>-</u>	<u>186</u>	<u>104</u>
Total		80,058	370,407	450,465	527,292
 EXPENDITURE ON					
Raising funds	6	23,401	334	23,735	17,158
Charitable activities	7				
Support and advice		<u>3,296</u>	<u>377,330</u>	<u>380,626</u>	<u>279,360</u>
Total		26,697	377,664	404,361	296,518
NET INCOME/(EXPENDITURE)		53,361	(7,257)	46,104	230,774
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>146,971</u>	<u>201,222</u>	<u>348,193</u>	<u>117,419</u>
TOTAL FUNDS CARRIED FORWARD		<u>200,332</u>	<u>193,965</u>	<u>394,297</u>	<u>348,193</u>

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Balance Sheet
31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	31.3.20 Total funds £	31.3.19 Total funds £
CURRENT ASSETS					
Debtors	13	1,689	3,165	4,854	9,896
Cash at bank		<u>205,079</u>	<u>203,552</u>	<u>408,631</u>	<u>351,827</u>
		206,768	206,717	413,485	361,723
CREDITORS					
Amounts falling due within one year	14	(6,438)	(12,750)	(19,188)	(13,530)
NET CURRENT ASSETS					
		<u>200,330</u>	<u>193,967</u>	<u>394,297</u>	<u>348,193</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>200,330</u>	<u>193,967</u>	<u>394,297</u>	<u>348,193</u>
NET ASSETS					
		<u>200,330</u>	<u>193,967</u>	<u>394,297</u>	<u>348,193</u>
FUNDS					
	15				
Unrestricted funds				200,330	146,971
Restricted funds				<u>193,967</u>	<u>201,222</u>
TOTAL FUNDS					
				<u>394,297</u>	<u>348,193</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31/3/2021 and were signed on its behalf by:


M Messmer - Trustee

Cambridge Rape Crisis Centre

Notes to the Financial Statements for the Year Ended 31 March 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Going Concern

There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

Grants

Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

1. ACCOUNTING POLICIES - continued

Financial instruments

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

Tangible fixed assets

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition.

Donated services

In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

2. DONATIONS AND LEGACIES

	31.3.20	31.3.19
	£	£
Donations	<u>14,758</u>	<u>12,040</u>

3. OTHER TRADING ACTIVITIES

	31.3.20	31.3.19
	£	£
Fundraising events	56,105	37,357
Training income	-	1,700
Sale of guides	-	651
	<u>56,105</u>	<u>39,708</u>

4. INVESTMENT INCOME

	31.3.20	31.3.19
	£	£
Deposit account interest	<u>186</u>	<u>104</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	31.3.20	31.3.19
	£	£
Grants	<u>379,416</u>	<u>475,440</u>

Grants received, included in the above, are as follows:

	31.3.20	31.3.19
	£	£
Cambridgeshire County Council	57,500	-
Lloyds Bank Foundation	-	12,500
Cambridge RAG	2,650	6,100
Ministry of Justice	-	45,553
NHS Cambridgeshire	36,750	36,250
Police & Crime Commissioner	275,050	244,583
Cambridge Community Foundation	-	8,248
	<u>371,950</u>	<u>353,234</u>
Carried forward	371,950	353,234

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	31.3.20	31.3.19
	£	£
Brought forward	371,950	353,234
BBC Children in need	-	21,400
Rape Crisis England and Wales	6,129	48,372
Independent Inquiry Into Child Sexual Abuse	-	2,084
Violence Against Women and Girls Transformation Fund		
	-	49,350
One Stop Shop	-	1,000
Home Office	230	-
Cambridge & Peterborough Women's Consortium	<u>1,107</u>	<u>-</u>
	<u>379,416</u>	<u>475,440</u>

6. RAISING FUNDS

Raising donations and legacies

	31.3.20	31.3.19
	£	£
Events	<u>23,735</u>	<u>17,158</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8)	Support costs (see note 9)	Totals
	£	£	£
Support and advice	<u>375,469</u>	<u>5,157</u>	<u>380,626</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.20	31.3.19
	£	£
Staff costs	223,031	181,506
Rent, rates and room hire	24,619	23,926
Insurance	557	-
Telephone and internet	14,421	10,154
Postage, stationery & office supplies	6,287	3,101
Sundries	2,255	1,035
Clinical Supervision	9,075	5,135
Volunteer and staff training	1,593	1,723
Travel	1,151	2,379
DBS checks	207	66
I.T. and computer consumables	6,645	4,770
Counselling	76,666	34,245
Publicity	50	-
Payroll services	-	850
ISVA Expenses	8,645	7,561
Covid 19	<u>267</u>	<u>-</u>
	<u>375,469</u>	<u>276,451</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

9. SUPPORT COSTS

	Finance	Governance	Totals
	£	costs	£
Support and advice	<u>30</u>	<u>5,127</u>	<u>5,157</u>

Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £450 (2019: £400), a fee for the assistance with the accounts preparation of £1,200 (2019: £1,100) and book keeping and advice during the year amounting to £3,055 (2019: £1,899).

Support costs, included in the above, are as follows:

	31.3.20	31.3.19
	Support and advice	Total activities
	£	£
Bank charges	30	-
Accountancy and legal fees	<u>5,127</u>	<u>2,909</u>
	<u>5,157</u>	<u>2,909</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2020 nor for the year ended 31 March 2019.

11. STAFF COSTS

	31.3.20	31.3.19
	£	£
Wages and salaries	198,711	161,592
Social security costs	14,389	11,720
Other pension costs	<u>9,931</u>	<u>8,194</u>
	<u>223,031</u>	<u>181,506</u>

During the year the total remuneration to key management personnel was £40,763.

The average monthly number of employees during the year was as follows:

	31.3.20	31.3.19
Support and advice	<u>9</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	12,040	-	12,040
Charitable activities			
Support and advice	39,182	436,258	475,440
Other trading activities	39,421	287	39,708
Investment income	<u>104</u>	<u>-</u>	<u>104</u>
Total	90,747	436,545	527,292
EXPENDITURE ON			
Raising funds	7,194	9,964	17,158
Charitable activities			
Support and advice	26,158	253,202	279,360
Total	33,352	263,166	296,518
NET INCOME	57,395	173,379	230,774
Transfers between funds	(562)	562	-
Net movement in funds	56,833	173,941	230,774
RECONCILIATION OF FUNDS			
Total funds brought forward	90,138	27,281	117,419
TOTAL FUNDS CARRIED FORWARD	<u>146,971</u>	<u>201,222</u>	<u>348,193</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.20	31.3.19
	£	£
Prepayments	<u>4,854</u>	<u>9,896</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.20	31.3.19
	£	£
Trade creditors	6,692	6,549
Social security and other taxes	5,532	630
Other creditors	3,994	570
Accrued expenses	<u>2,970</u>	<u>5,781</u>
	<u>19,188</u>	<u>13,530</u>

15. MOVEMENT IN FUNDS

	At 1.4.19	Net movement in funds	At 31.3.20
	£	£	£
Unrestricted funds			
General fund	146,971	53,359	200,330
Restricted funds			
BBC Children in need	18,267	(18,267)	-
Lloyds Bank Foundation	6,932	(1,300)	5,632
Independent Inquiry Into Child Sexual Abuse	3,446	-	3,446
Countywide sexual violence support services contract (PCC) - ISVA services	91,622	21,199	112,821
Violence Against Women and Girls Transformation Fund	40,290	(35,004)	5,286
Digital transformation fund	10,720	(7,677)	3,043
NHS Talking Therapies	22,597	3,208	25,805
Girl Up Group	5,248	(2,812)	2,436
Hold the Hope Group	2,100	(2,100)	-
CADA fund	-	34,391	34,391
Mind Project	-	1,107	1,107
	<u>201,222</u>	<u>(7,255)</u>	<u>193,967</u>
TOTAL FUNDS	<u>348,193</u>	<u>46,104</u>	<u>394,297</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	80,058	(26,699)	53,359
Restricted funds			
BBC Children in need	-	(18,267)	(18,267)
Lloyds Bank Foundation	-	(1,300)	(1,300)
Countywide sexual violence support services contract (PCC) - ISVA services	275,050	(253,851)	21,199
Violence Against Women and Girls Transformation Fund	-	(35,004)	(35,004)
Digital transformation fund	-	(7,677)	(7,677)
NHS Talking Therapies	36,750	(33,542)	3,208
Girl Up Group	-	(2,812)	(2,812)
Hold the Hope Group	-	(2,100)	(2,100)
Cambridgeshire County Council	5,000	(5,000)	-
CADA fund	52,500	(18,109)	34,391
Mind Project	<u>1,107</u>	<u>-</u>	<u>1,107</u>
	<u>370,407</u>	<u>(377,662)</u>	<u>(7,255)</u>
TOTAL FUNDS	<u>450,465</u>	<u>(404,361)</u>	<u>46,104</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
Unrestricted funds				
General fund	90,138	51,295	5,538	146,971
RAG	-	6,100	(6,100)	-
	90,138	57,395	(562)	146,971
Restricted funds				
BBC Children in need	-	18,267	-	18,267
Lloyds Bank Foundation	2,500	4,432	-	6,932
Awards for All	-	(562)	562	-
Independent Inquiry Into Child Sexual Abuse	1,520	1,926	-	3,446
Countywide sexual violence support services contract (PCC) - ISVA services	12,955	78,667	-	91,622
Violence Against Women and Girls Transformation Fund	10,306	29,984	-	40,290
Digital transformation fund	-	10,720	-	10,720
NHS Talking Therapies	-	22,597	-	22,597
Girl Up Group	-	5,248	-	5,248
Hold the Hope Group	-	2,100	-	2,100
	<u>27,281</u>	<u>173,379</u>	<u>562</u>	<u>201,222</u>
TOTAL FUNDS	<u>117,419</u>	<u>230,774</u>	<u>-</u>	<u>348,193</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	84,647	(33,352)	51,295
RAG	<u>6,100</u>	<u>-</u>	<u>6,100</u>
	90,747	(33,352)	57,395
Restricted funds			
BBC Children in need	21,400	(3,133)	18,267
Lloyds Bank Foundation	12,500	(8,068)	4,432
Ministry of Justice: Rape Support Fund Awards for All	45,553	(45,553)	-
Independent Inquiry Into Child Sexual Abuse	-	(562)	(562)
Countywide sexual violence support services contract (PCC) - ISVA services Violence Against Women and Girls Transformation Fund	2,084	(158)	1,926
Digital transformation fund	244,583	(165,916)	78,667
NHS Talking Therapies	49,350	(19,366)	29,984
Girl Up Group	15,290	(4,570)	10,720
Hold the Hope Group	36,250	(13,653)	22,597
One Stop Shop	5,248	-	5,248
Eversheds	3,000	(900)	2,100
	<u>1,000</u>	<u>(1,000)</u>	<u>-</u>
	<u>287</u>	<u>(287)</u>	<u>-</u>
	<u>436,545</u>	<u>(263,166)</u>	<u>173,379</u>
TOTAL FUNDS	<u>527,292</u>	<u>(296,518)</u>	<u>230,774</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2020

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	90,138	104,654	5,538	200,330
RAG	-	6,100	(6,100)	-
	90,138	110,754	(562)	200,330
Restricted funds				
Lloyds Bank Foundation	2,500	3,132	-	5,632
Awards for All	-	(562)	562	-
Independent Inquiry Into Child Sexual Abuse	1,520	1,926	-	3,446
Countywide sexual violence support services contract (PCC) - ISVA services	12,955	99,866	-	112,821
Violence Against Women and Girls Transformation Fund	10,306	(5,020)	-	5,286
Digital transformation fund	-	3,043	-	3,043
NHS Talking Therapies	-	25,805	-	25,805
Girl Up Group	-	2,436	-	2,436
CADA fund	-	34,391	-	34,391
Mind Project	-	1,107	-	1,107
	27,281	166,124	562	193,967
TOTAL FUNDS	<u>117,419</u>	<u>276,878</u>	<u>-</u>	<u>394,297</u>

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	164,705	(60,051)	104,654
RAG	<u>6,100</u>	<u>-</u>	<u>6,100</u>
	170,805	(60,051)	110,754
Restricted funds			
BBC Children in need	21,400	(21,400)	-
Lloyds Bank Foundation	12,500	(9,368)	3,132
Ministry of Justice: Rape Support Fund	45,553	(45,553)	-
Awards for All	-	(562)	(562)
Independent Inquiry Into Child Sexual Abuse	2,084	(158)	1,926
Countywide sexual violence support services contract (PCC) - ISVA services	519,633	(419,767)	99,866
Violence Against Women and Girls Transformation Fund	49,350	(54,370)	(5,020)
Digital transformation fund	15,290	(12,247)	3,043
NHS Talking Therapies	73,000	(47,195)	25,805
Girl Up Group	5,248	(2,812)	2,436
Hold the Hope Group	3,000	(3,000)	-
One Stop Shop	1,000	(1,000)	-
Eversheds	287	(287)	-
Cambridgeshire County Council	5,000	(5,000)	-
CADA fund	52,500	(18,109)	34,391
Mind Project	<u>1,107</u>	<u>-</u>	<u>1,107</u>
	<u>806,952</u>	<u>(640,828)</u>	<u>166,124</u>
TOTAL FUNDS	<u>977,757</u>	<u>(700,879)</u>	<u>276,878</u>

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

BBC Children in Need

Funding for the children and young peoples counselling service providing children and young people aged 5 - 18 years who are survivors of sexual abuse with access to specialist sexual violence counselling.

Cambridgeshire County Council

Counselling: Counselling service development in Huntingdon.

Ministry of Justice

Rape Support Fund: Provides core funding for CRCC.

Cambridge RAG

Contribution to core costs to support core services.

Police & Crime Commissioner

Contract for ISVA: Funding for adult ISVA post.

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

15. MOVEMENT IN FUNDS - continued

VAWG Transformation Fund

Provision of trauma informed counselling services to children and young people who are victims or witnesses of sexual violence.

Lloyds Bank Foundation - Enable Grant

Lead partner on this project on behalf of the Cambridge and Peterborough Women's Consortium. Grant for Consortium development and sustainability.

NHS

Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

Cambridgeshire Community Foundation

Funds to deliver two peer support group projects. One for mothers of survivors (Hold the Hope Mothers Group) and one for girls and young women (aged 13-16yrs) The Girl Up Group.

One Stop Shop

Grant to cover the cost of printing Self Help Guides and Guides and Family and Friends.

Eversheds

Donation to pay for the costs of our Annual General Meeting for the year.

Rape Crisis England and Wales - Digital Transformation Fund

Grant to improve our centres digital infrastructure.

The Cambridgeshire County Council CADA Home Office Funded Project

The funds CRCC receives through the CADA project are for enhanced Children and Young Peoples Sexual Violence Advocacy support provision and funds a ChISVA post.

The Cambridge and Peterborough Women's Consortium (CPWC) Mind Project

As part of the CPWC Mind funded project we were awarded funds to deliver a group work project.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2020.

17. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.