

How to access support

You can refer yourself - 'self-refer' - to our Children and Young People's Independent Sexual Violence Advocacy Service using the online form on our website:

caprcp.org.uk

If you aren't able to complete the referral form online, please contact us during office hours on 01223 313 551 or 01733 511 250.

Alternatively, if you are a professional or third party seeking to refer someone - 'professional referral' - you can complete the online professional referral form on our website.

Please ensure the survivor is aware of and has consented to the referral before making a professional referral to us.

Contact us

Cambridge Rape Crisis Centre

T: 01223 313 551

E: isva@cambridgerapecrisis.org.uk

Peterborough Rape Crisis Care Group

T: 01733 511 250

E: admin@prccg.org.uk

Our office hours are 9am - 5pm, Monday to Friday, excluding Bank Holidays.

About us

Cambridge & Peterborough Rape Crisis Partnership is made up of two independent specialist sexual violence organisations:

- Cambridge Rape Crisis Centre
- Peterborough Rape Crisis Care Group

Both organisations are dedicated to ensuring that no survivor of sexual violence has to cope alone.



Cambridge Rape Crisis Centre

Registered Charity No. 1179871



Registered Charity No. 1170957



We are members of Rape Crisis England and Wales and adhere to Rape Crisis National Service Standards.



This service receives funding from the Cambridgeshire and Peterborough Police and Crime Commissioner.



YOUR VOICE MATTERS.

Children and Young People's Independent Sexual Violence Advocacy Service

RAPECRISISPARTNERSHIP
CAMBRIDGE & PETERBOROUGH

What is a ChISVA?

A Children and Young People's Independent Sexual Violence Advocate, known as a ChISVA, is someone who provides help and support to children and young people (aged 18 and under) who live anywhere in Cambridgeshire and Peterborough and who have been impacted by any form of sexual violence and abuse.

We can answer any questions that you or your family might have.

We can support you in person and over the phone or by text, if that works better for you.

These support sessions with your ChISVA will be for up to an hour at a time, but you can also meet for a shorter time, if this feels better for you.

We can meet wherever you feel most comfortable, either in school or, alternatively, somewhere else near to where you live, such as a community centre or doctors' surgery.

An adult can come with you and, if you are old enough and would prefer, you can also meet your ChISVA without an adult.

What does a ChISVA do?

We provide confidential and safe space for you to talk about your feelings, if you want to, and any worries or thoughts you have about what is going on.

Confidential means that we won't share what you tell us with anyone else, unless you ask us to, or we have concerns for your wellbeing that mean we feel another adult needs to help keep you safe.

Our support can be about talking through questions you may have, and understanding what happens with the police or perhaps what happens in court.

We might give you some information to read in your own time as well.

Sometimes we might also do some specific activities, such as drawing, to help you think about your feelings or look at how to cope with difficult situations, but we would talk about this and agree it before we meet.

What we offer

Emotional support

- Making sense of your feelings;
- Developing positive ways to cope;
- Helping you identify your supportive/trusted people;
- Helping you access counselling.

If you decide to report what has happened to the police

- Helping you stay in touch with the police;
- Understanding the Criminal Justice System and answering any questions;
- Pre-trial visits;
- Support at court.

Practical support and advice

- Housing;
- School/college;
- Benefits;
- Keeping you safe;
- Connecting you to other workers who might be able to help;
- Going to meetings and helping you be heard.