

How to access support

You can refer yourself - 'self-refer' - to our Independent Sexual Violence Advocacy Service using the online form on our website:

caprcp.org.uk

If you aren't able to complete the referral form online, please contact us during office hours on 01223 313 551 or 01733 511 250.

Alternatively, if you are a professional or third party seeking to refer someone - 'professional referral' - you can complete the online professional referral form on our website.

Please ensure the survivor is aware of and has consented to the referral before making a professional referral to us.

Contact us

Cambridge Rape Crisis Centre

T: 01223 313 551

E: isva@cambridgerapecrisis.org.uk

Peterborough Rape Crisis Care Group

T: 01733 511 250

E: admin@prccg.org.uk

Our office hours are 9am - 5pm, Monday to Friday, excluding Bank Holidays.

About us

Cambridge & Peterborough Rape Crisis Partnership is made up of two independent specialist sexual violence organisations:

- Cambridge Rape Crisis Centre
- Peterborough Rape Crisis Care Group

Both organisations are dedicated to ensuring that no survivor of sexual violence has to cope alone.



Cambridge Rape Crisis Centre

Registered Charity No. 1179871



Registered Charity No. 1170957



We are members of Rape Crisis England and Wales and adhere to Rape Crisis National Service Standards.



This service receives funding from the Cambridgeshire and Peterborough Police and Crime Commissioner.



YOU ARE SO RESILIENT.

Independent Sexual Violence Advocacy Service

RAPECRISISPARTNERSHIP
CAMBRIDGE & PETERBOROUGH

What is the ISVA service?

The Independent Sexual Violence Advocacy (ISVA) Service provides specialist sexual violence advocacy services to people of all genders who live anywhere in Cambridgeshire and Peterborough and who have been impacted by sexual violence, at any time in their lives.

Sexual violence includes but is not restricted to:

- rape
- sexual assault
- childhood sexual abuse
- sexual harassment
- rape within marriage/relationships
- forced marriage
- so-called honour based violence
- female genital mutilation
- trafficking
- child sexual exploitation
- institutional sexual abuse
- ritual abuse
- online and cyber abuse
- stalking

All our specialist services are free and are available to survivors whether they choose to report to the police or not.

What does an ISVA do?

Independent Sexual Violence Advocates (ISVAs) offer confidential practical and emotional support to anyone who has been subjected to sexual violence, recently or in the past, and help you to access other available support services to address both short-term and long-term needs.

They can support you through the Criminal Justice System, providing information on what happens when you report to the police, if you choose to do so.

You do not need to report to the police to get support from an ISVA. ISVAs also help you to understand your rights, as well as access support for your emotional and practical needs and help with safety planning.

ISVAs will support you in a non-judgemental way and work with you to identify your needs and ensure that other agencies provide you with information.

What we offer

Your ISVA can help you with a range of things, depending on your needs and what kind of support you would like. They can:

- provide you with impartial information on the criminal justice process and what you can expect if you report to the police;
- support you through the Criminal Justice System and after a trial;
- give you information on health and wellbeing services, and accompany you to your first appointment;
- help you to think about your safety and what can be done to improve it;
- provide emotional support;
- advocate on your behalf to enable you to exert some influence on processes that concern you;
- provide practical help with issues such as housing, education and benefits;
- put you in touch with or refer you to other services that may benefit you, such as specialist counselling, domestic violence support, sexual health, mental health, substance misuse and housing.