



Cambridge Rape Crisis Centre

**Report of the Trustees and Unaudited Financial Statements for the
Year Ended 31st March 2024
for Cambridge Rape Crisis Centre**



Artwork made by The Sisterhood peer support group for young survivors 2024

**Annual Report
01st April 2023 – 31st March 2024**

Cambridge Rape Crisis Centre

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Report of the Trustees for the Year Ended 31st March 2024

The trustees present their report with the financial statements of the charity for the year ended 31st March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

Reference and Administrative Details

Charity name: Cambridge Rape Crisis Centre
Registered Charity number: 1179871
Registered address: Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:

A Perry - Chair
J Grech - Secretary
M Correia - Treasurer
M Lowthian
A Lindup
S Anderson
E Riley (appointed July 2023)
M Hamilton Dutoit (appointed July 2023)

Independent Examiner

Lanham and Company
Chartered Accountants
9 Great Chesterford Court,
London Road,
Great Chesterford,
Essex, CB10 1PF

Contact details and website

contact@cambridgerapecrisis.org.uk
www.cambridgerapecrisis.org.uk

Bank

CAF Bank Ltd. West Malling, Kent.

Staff:

N Al-Ani – Director
C Isla – Volunteer Manager
K Edwards - Counselling Services Manager
E Ball – ISVA Manager
C Baker – Centre Manger
R Davies – Centre Coordinator (joined June 2023)

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T Evans – ChISVA
F Thompson – ChISVA
U Chowdhury – BAME Community ISVA
C Mayers – ISVA
A-L Nice – ISVA
S Stroud – ChISVA
A Ratajczyk - Countywide Duty ISVA (appointed May 2023)
C O'Connor – Consortium Lead (appointed December 2023 on behalf of the Cambridge + Peterborough Women's Consortium)

Counselling Team:

A Van Kleef
A Gatt (and Reflective Practice practitioner)
C Coupland (and Clinical supervisor)
D Mapes
E Smith
J Thompson (and Reflective Practice practitioner)
K Clarke
L Ashton
L Buckingham
L Mott
M Appleton
M Hughes (and Clinical supervisor)
M Paisley
R Wass
S Bishop
S Mushtaq
S Redmond
T Forbes-Mitchell

C Chappell (Clinical supervisor)
C Woroniecka (Clinical supervisor)
E Raymode (Clinical supervisor)
M Beardow (Clinical supervisor)
S Lee Chong (Clinical supervisor)
C Reisert (Reflective Practice practitioner)
C Snoxall (Group work facilitator)

In addition, many thanks to our sister Centres, listed below, who put us in contact with counsellors who were able to offer counselling in a range of community languages that survivors requested, making our service as accessible as possible:

Centre for Action on Rape and Abuse in Essex - J Matejek
Trafford Rape Crisis - J Xie
Chester Sexual Abuse Support Service - V Stasiulienė

Structure, Governance and Management

Organisational Structure

Since 10th September 2018 Cambridge Rape Crisis Centre (the organisation) has been registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), with a new Charity Number 1179871. The organisation's constitution is aligned to the Charity Commission's Foundation model constitution.

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Membership of the CIO

The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Appointment of charity trustees

Every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Should Ex-officio or Nominated Trustees be appointed at a future date then appropriate rules for appointment and tenure will be established by the incumbent trustees based on published Charity Commission advice and guidelines.

The Trustee Board shall include the following executive positions: Chair, Deputy Chair, Secretary and Treasurer. Other Trustees shall be elected to fill non-executive positions that are deemed necessary.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

Annual General Meeting

The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensures a consistent quality of delivery for the operational aspects of the charity. As experienced by many in our sector, the consequences of the cost of living crisis impacted our staff recruitment and retention in the reporting period. This risk was mitigated against as far as possible with a review of current remuneration scales, securing multi-year funding for our ISVA and ChISVA posts and greater investment in the additional, non-financial, benefits of being employed by CRCC.

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Remuneration Policy

CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

Principal funding sources

The principal funding sources for the charity are currently by way of grant and contract income from Cambridgeshire Police and Crime Commissioner, The Big Lottery Fund, Cambridgeshire County Council and income generated through community fundraising activities.

Reserves Policy

CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers and ISVA clients) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31st March 2024 were £885,333 of which £311,668 were unrestricted and £573,665 were restricted. The trustees consider this to be a satisfactory amount.

Aims and Objectives

Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

We listen and believe

Cambridge Rape Crisis Centre Aims to:

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Secure high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and policies for the benefit of survivors.

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- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, the Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, University of Cambridge, partner agencies of the countywide Domestic Abuse + Sexual Violence Partnership, and our sister centre Peterborough Rape Crisis Care Group and members of the Cambridge and Peterborough Women's Consortium for their continued support throughout this year (membership of the Consortium listed on Page 12).

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, The Big Lottery and Co-op Community Fund. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the trustees, director, staff, sessional counsellors and volunteers of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC despite the challenges of having to do much of this during a cost of living crisis. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of the CRCC community, without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

And finally, thank you to all of the survivors who use CRCC; for inspiring us with their strength and courage and for teaching us so much.

Achievements and Performance

Summary of Charitable Activities 1st April 2023 – 31st March 2024

As a specialist, independent, grass-roots organisation, this year Cambridge Rape Crisis Centre (CRCC) continued to provide excellent support services to survivors of sexual violence in Cambridgeshire. We have remained committed to working closely with a range of partner organisations to bring about the best possible outcomes for survivors, and have tackled and challenged the causes of sexual violence, as well as highlighting gaps in service provision, so that survivors in our county have their needs met.

In the year 2023-24 CRCC supported 1,063 survivors, of whom 49% were new referrals into service and 51% were existing, from the previous year. 93% of survivors were female, 5% were male, 1% were non-binary and 1% were trans survivors. In terms of age breakdown 77% were adult survivors (18yrs and over), 18% were young people (aged 13 – 17yrs) and 5% were children (12yrs and under). 40% were survivors of recent sexual violence and 60% were survivors of historic sexual violence and abuse. 34% of all those accessing services were self-referrals. We delivered support services to survivors in Cambridge city, East Cambs, Fenland, Huntingdon, Peterborough and South Cambs.

We continued to respond to increasing demand, and to the additional challenges presented by the cost of living crisis. Over the year, we have increased capacity across many CRCC services, in response to rapidly increasing demand for our support. Maintaining sufficient capacity to meet demand is an ongoing challenge for CRCC, but we are delighted to have grown the CRCC team and recruited a number of staff and sessional counsellors with strong skills and experience.

Throughout the cost of living crisis, CRCC has been a consistent source of support for survivors, many of whom have struggled with heightened anxiety, increased risk of food and fuel poverty, and other issues associated with the financial crisis. CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire, through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support, Live Chat and group work.

This year CRCC continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group (PRCCG) to deliver an accessible, joined up and responsive countywide service for survivors.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

As a specialist, survivor focussed sexual violence organisation, CRCC is needed now more than ever. In July 2024 Police Chiefs outlined the scale of violence against women and girls (VAWG) in England and Wales in a national policing statement bringing together comprehensive data and analysis. Due to the epidemic scale of offending, police leaders are calling for a whole-system approach that brings together criminal justice partners, government bodies and industry, in a new partnership that seeks to reduce the scale and impact of VAWG.

The National Policing Statement for VAWG, commissioned by the National Police Chiefs' Council and College of Policing, found:

- Over one million VAWG related crimes were recorded during 2022-23, accounting for 20% of all police recorded crime.

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- Police recorded VAWG related crime increased by 37% between 2018-23.
- At least 1 in every 12 women will be a victim per year, with the exact number expected to be much higher.
- Child sexual abuse and exploitation increased by more than 400% between 2013 and 2022.

Not only is VAWG growing, but we are also seeing ever more complicated types of offending which causes significant harm to victims and society as a whole. One in every six murders related to domestic abuse in 2022-23, with suspected victim suicides following domestic abuse rising year-on-year.

Support services

Emotional support services

We have sustained our volunteer-led telephone helpline and email support services this year. A new volunteer group was recruited during the year and underwent the comprehensive CRCC emotional support services training; this in turn has enabled us to continue to deliver these vital support services. This year we responded to 455 calls to our helpline and supported 118 survivors, of whom 17 were first time callers. We received 1,650 emails to our Email Support Service, supporting 76 survivors through this service, of whom 30 were first time emailers.

In 2023-24 there were 21 volunteers providing the helpline and email service; these services could not run without the commitment and dedication of our volunteers.

In the reporting period we were able to relaunch our Live Chat service in September 2023. This service has now been running on Tuesday afternoons each week. This is a vital service for those survivors who feel best supported through real-time emotional support and has so far supported 22 survivors to access Live Chat support conversations.

All CRCC volunteers receive an initial 50 hours' specialist sexual violence training to undertake the role of helpline and email volunteer, as well as a further programme of continuous professional development (CPD). The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting Black and minoritised survivors, supporting LGBTQI+ survivors and the Criminal Justice System.

Feedback from one of our Emotional Support Volunteers: *"Volunteering with CRCC has been an incredible experience, and an amazing opportunity to support women and girls - to be a part of a volunteer group of such brilliant, caring and compassionate people has been such a privilege and being part of an organisation like CRCC has felt so special and powerful; I've truly treasured every moment and it has been a role that has allowed me huge personal growth"*

Independent Sexual Violence Advocacy Service (ISVA)

In the reporting period 397 survivors have accessed our Independent Sexual Violence Advocacy Service (ISVA). The ISVA team delivered over 2,000 support and advocacy sessions this year.

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Our ISVA service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable information to survivors of sexual violence in relation to police processes and the criminal justice system. In addition, our specialist community inclusion ISVA role, supporting survivors from Black and racially minoritised communities, has continued to build links and trust across a number of underrepresented groups and communities through dedicated community outreach work and engagement.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or who are at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people, and their families where appropriate, to access a range of appropriate universal services, explore ways to help manage their mental health and support them to stay engaged within the criminal justice system should they wish to do so. ChISVA support offered pre-trial, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence.

Delays in the criminal justice system remain significant and as a result we are seeing survivors stay in service for longer than ever before. In September 2024, the Victims' Commissioner, Baroness Newlove, launched a new survey exploring the impact court waiting times have on victims across England and Wales and the services in place to support them.

Amid lengthy delays throughout the criminal justice system – from police investigations to court proceedings, including the Crown Court backlog – it is important for the Victims' Commissioner to hear from victims about the impact these are having on their experiences of the criminal justice system.

Latest Ministry of Justice figures (end of December 2023) show that over a quarter (27%) of cases were rearranged on the day of trial. Almost two thirds (59%) of adult rape investigations had to be ended due to victims withdrawing. The current Crown Court open caseload stands at a record 67,573 cases – 16,031 of which have been outstanding for a year or more. It is feared that these conditions are placing unprecedented strain on both victims and the services in place to support them as well as making it harder to keep victims engaged with the criminal justice system.

Counselling and therapeutic services

In the financial year 2023-24 we provided 4,081 sessions of counselling to 442 individuals. We had 18 counsellors who were active in that year, and three ad hoc counsellors providing counselling in Mandarin, Polish, and Russian. While there wasn't a huge increase in referrals or allocations compared to the previous year, there was an increase in the number of sessions provided, by 547, and we saw a rise in the number of re-referrals. We also began tracking how many extensions to counselling were offered. Demand remained high for the counselling service overall.

Face to face sessions overtook remote sessions for the first time since Covid-19. 43% of sessions offered were recorded as face to face (1,749), 39% as video (1,550), and 18% as phone (710). There remains a high demand for remote counselling. Missed sessions remain at the same rate of 11% as the previous financial year.

Overall, we saw a slight increase in referrals from 422 to 452. However, compared to pre-COVID years 452 is still significantly higher (213 referrals in 2019-20). Waiting times have varied across the

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service and have fluctuated significantly over the year, from an extreme of 9 months (for a face to face evening slot) to as little as one week (for remote clients).

Self-referrals remained similar to the previous year, at 44% (42% the previous year). Referrals from Criminal Justice Services (predominantly police) increased from 17% to 21%. Referrals from ISVA decreased from 20% to 15%.

We've seen some changes to age demographics too. There was an increase in the number of children under 12 referred to the counselling service, by 4% (as a percentage of total new referrals). While this may feel like a small amount, it's significant within the overall picture and the actual number of referrals for children nearly tripled since last year (from 11 referrals in 2022-23 to 30 in 2023-24). There were decreases of 3% as a proportion of new referrals from the previous year in the age groups 13-17 (15% in 2022-23 to 12% in 2023-24), 18-24 (28% in 2022-23 to 25% in 2023-24), and 35-44 (18% in 2022-23 to 15% in 2023-24). In previous years, most survivors have fallen into the 18-24 age group despite it covering fewer years than others. While still one of the top age groups for new referrals, it is now matched by the age group 25-34 which also sat at 25% for this year. We saw a slight increase in all age groups 45 and over, which is positive and shows that we are continuing to reach different communities

April 2023 saw us being able to offer a 6-day-a-week face to face counselling service in Cambridge. We continued to offer eye movement desensitisation and reprocessing (EMDR) therapy both online and face to face in Peterborough throughout the year. We had the highest number of survivors in service at one time ever, with just under 400 survivors receiving support through the counselling service in November 2023.

Group work and peer support

In the year 2023-24 CRCC delivered a peer support group project for young teenage survivors. The ChISVA service works with young people aged 0-18yrs and, responding to client feedback from young survivors reporting feelings of isolation, low self-esteem and a need for respite and meaning-making experiences, the ChISVA team ran a peer support group work project for teenage girls. The 'Sisterhood' group, named by group members, ran during February half term 2024 across three consecutive days.

At the end of the project the group created a joint piece of artwork (as detailed on the title page of this report). The artwork was a joy, with each participant engaging in their own way. The group had finger painting, collage, poetry, glitter, protest art, careful details and expressive brushstrokes. Each canvas included a part of the word 'sisterhood' and they were brought together to form a collective canvas.

At the end of the group work project young participants were asked to rate the support they had received from CRCC and 86% said it was excellent and 14% said it was good. One participant said of her time in the group *"I didn't say anything to anyone about what happened for ages because I was really scared of what was going to happen or what would be said but once I joined CRCC I felt accepted and heard. Especially with the group as I knew I wasn't alone and I had met some really amazing people who definitely did not deserve what happened to them. Actually talking to CRCC about what had happened and how I felt personally really helped me and allowed me to know that I had a voice and that none of it was my fault."*

Men and boys

CRCC continued to provide a number of services to male survivors and these include:

- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children’s ISVA service – boys aged 0 – 12 years
- Male Rape Support Fund Counselling provision – adult men aged 18 years and over
- Children and young people’s counselling provision – boys aged 0 – 13 years

Outcomes and impact

Our Outcome Framework has been developed with, and approved by, the Office of the Police and Crime Commissioner (OPCC) and is in line with the bespoke outcome framework established by Rape Crisis England and Wales. There are four key outcomes, these are 1) Improved health and wellbeing, 2) Better able to cope with aspects of everyday life, 3) Increased feelings of safety, 4) Improved sense of empowerment (+ better informed). Listed below is an overview of the outcomes experienced by survivors who accessed CRCC support in the reporting period, 2023-24:

Improved health and wellbeing

- 92% of adults had improved health and well-being after receiving support
- 94% of young people reported improved health and well-being after receiving support
- 90% of children reported improved health and wellbeing after receiving support

Able to cope with aspects of everyday life

- 97% of adults reported being better able to cope with aspects of everyday life
- 94% of young people reported being better able to cope with aspects of everyday life
- 81% of children reported being better able to cope with aspects of everyday life

Improved feelings of safety

- 82% of adults reported increased feelings of safety after receiving support
- 87% of young people reported improved feelings of safety after receiving support
- 95% of children reported improved feelings of safety

Better informed and empowered to act

- 99% of adults reported that they felt better informed and empowered to act
- 100% of young people reported that they felt better informed and empowered to act
- 95% of children reported they felt better informed and empowered to act

Better able to cope and build resilience to move forward

- 92% of adults reported that they were better able to cope and build resilience and move forward with daily life after receiving support
- 95% of young people reported that they were better able to cope and build resilience and move forward with daily life after receiving support
- 86% of children reported that they were better able to cope and build resilience and move forward with daily life after receiving support

Training, outreach and community connections

CRCC has delivered training to over 300 professionals in the year including to public sector staff, health care professionals, schools, colleges, businesses and a wide range of community groups and organisations. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence. Listed below are examples of our training and outreach work in the reporting period:

- Cambridge Student Union Wellbeing Event
- Homerton College Tackling Sexual Harassment Symposium – guest speaker
- Cambridge City Young Women's Community Event
- Integrated Care Board (ICB) GP training workshops
- Cambridge Mosque Women's Health and Wellbeing Event
- Reclaim the Night March
- Anglia Ruskin University Researcher Webinar Series: Sexual Harm Research and the role of Rape Crisis
- Cambridge City Council training workshops for Councillors on misogyny
- Cambridge City VAWG Conference – leading a workshop on the power of peer support spaces
- Businesses Against Abuse Accredited training programme - delivered in partnership with Cambridgeshire Constabulary (as part of Safer Streets 5)
- Anglia Ruskin University Volunteer Fair
- Delivered a countywide Schools Conference in partnership with County Education Safeguarding Team on tackling sexual violence in schools. Attended by 180 people (teachers, safeguarding leads, school leaders and family workers) from primary and secondary schools, academies and independent schools and sixth form colleges across Cambridgeshire.

Consultations and contribution to change

CRCC has contributed to a number of local, regional and national consultations and working groups in the reporting year, examples of which include:

- Operation Soteria Bluestone – University of Glasgow and Child and Women Abuse Studies Unit, London Metropolitan University - attendance at a number of key Focus Groups
- Cambridgeshire County Council Violence Against Women's and Girls Needs Assessment 2024
- The Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership Action Plan 2024 – 2027
- Ministry of Justice - invited to take part in an interview for research into the local commissioning of sexual violence services through Police and Crime Commissioners (PCCs)
- Rape Crisis England and Wales - Contributed to the report '*A Real Safe Space*' How Rape Crisis Centres Support Children and Young People Who Have Experienced Child Rape and Sexual Abuse (CRaSA)
- Advising the Sexual Violence Advisory Service in Victoria, Australia, who are looking to establish an ISVA service/Justice Navigators. A group from Australia are intending to visit the UK in October 2024 and hope to meet with representatives from CRCC.

Strategic involvement and input

Attendance and participation at the following strategic boards, panels and operational groups in the reporting period:

- Cambridge and Peterborough Domestic Abuse and Sexual Violence Partnership
- Countywide Domestic Abuse and Sexual Violence Strategic Board

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- Sexual Violence Operational Group
- The Cambridgeshire and Peterborough VAWG Operational Group
- SARAC Review Group
- Cambridge City Domestic Abuse and Sexual Violence Forum
- Cambridgeshire Rape Scrutiny Panel
- East of England CPS VAWG Scrutiny Panel
- Survivors Feedback Panel
- Rape Crisis East Regional network

Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership

This year the Cambridge and Peterborough Rape Crisis Partnership continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

Cambridge and Peterborough Women's Consortium

CRCC is a founder member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge. With funding secured from the National Lottery Community Fund, the CPWC was able to appoint a Consortium Lead, Collette O'Connor, who joined the Consortium in December 2023. The purpose of having a Consortium Lead is to ensure our sustainability and make our work more efficient – working together as a Consortium means that effort made for one organisation benefits us all as duplication is reduced and any/all service development is sure to be aligned.

Appointing a Consortium Lead will make sure that we effectively share information to better identify gaps and that we develop intersectional responses across our organisations, some of which provide specialist support and some of which provide broader support, e.g. general support for marginalised women. Through developing joint plans and developing joint services we will enhance the impact of our services.

Rape Crisis England and Wales

CRCC is a proud member of Rape Crisis England and Wales and is a professionally approved Rape Crisis Centre through the successful completion and compliance with the Rape Crisis National Service Standards.



Future Activities

Over the year 2024-25, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Live Chat service

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- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through specialist counselling
- Peer support group work projects
- Improved access to services for survivors from Black and racially minoritised communities
- Access to support for supporters (family members, care givers and siblings)

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS).

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nation, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

“Your service has 100% helped me in all aspects of my life. For the first time in my life I feel I am in control of my decisions. What I have taken from your support has completely changed my life, I have learned to let go of the shame I have always felt. And I've got to a place of inner peace”

Cambridge Rape Crisis Centre

**Statement of Trustees' Responsibilities
for the Year Ended 31 March 2024**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees on ...*24. December. 2024*..... and signed on the board's behalf by:

.....
A Perry - Trustee

**Independent Examiner's Report to the Trustees of
Cambridge Rape Crisis Centre**

Independent examiner's report to the trustees of Cambridge Rape Crisis Centre ('the Charity')

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulation 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA

Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date:*24 December 2024*.....

Cambridge Rape Crisis Centre

**Statement of Financial Activities
for the Year Ended 31 March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	31,442	124	31,566	30,315
Charitable activities					
Support and advice	5	-	835,313	835,313	532,227
Other trading activities	3	51,304	255	51,559	59,797
Investment income	4	<u>1,610</u>	<u>-</u>	<u>1,610</u>	<u>1,251</u>
Total		<u>84,356</u>	<u>835,692</u>	<u>920,048</u>	<u>623,590</u>
 EXPENDITURE ON					
Raising funds	6	15,623	-	15,623	12,029
Charitable activities					
Support and advice	7	<u>50,711</u>	<u>780,005</u>	<u>830,716</u>	<u>719,420</u>
Total		<u>66,334</u>	<u>780,005</u>	<u>846,339</u>	<u>731,449</u>
NET INCOME/(EXPENDITURE)		18,022	55,687	73,709	(107,859)
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>293,646</u>	<u>517,978</u>	<u>811,624</u>	<u>919,483</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>311,668</u></u>	<u><u>573,665</u></u>	<u><u>885,333</u></u>	<u><u>811,624</u></u>

The notes form part of these financial statements

Cambridge Rape Crisis Centre

**Balance Sheet
31 March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Investments	12	1	-	1	1
CURRENT ASSETS					
Debtors	13	11,004	13,481	24,485	72,222
Cash at bank		<u>307,094</u>	<u>590,178</u>	<u>897,272</u>	<u>765,078</u>
		318,098	603,659	921,757	837,300
CREDITORS					
Amounts falling due within one year	14	(6,431)	(29,994)	(36,425)	(25,677)
		<u>311,667</u>	<u>573,665</u>	<u>885,332</u>	<u>811,623</u>
NET CURRENT ASSETS					
		311,668	573,665	885,333	811,624
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>311,668</u>	<u>573,665</u>	<u>885,333</u>	<u>811,624</u>
NET ASSETS					
		<u>311,668</u>	<u>573,665</u>	<u>885,333</u>	<u>811,624</u>
FUNDS	16				
Unrestricted funds				311,668	293,646
Restricted funds				<u>573,665</u>	<u>517,978</u>
TOTAL FUNDS				<u>885,333</u>	<u>811,624</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 24 December 2024 and were signed on its behalf by:

.....
A Perry - Trustee

The notes form part of these financial statements

Cambridge Rape Crisis Centre

**Cash Flow Statement
for the Year Ended 31 March 2024**

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	<u>130,584</u>	<u>(152,268)</u>
Net cash provided by/(used in) operating activities		<u>130,584</u>	<u>(152,268)</u>
Cash flows from investing activities			
Interest received		<u>1,610</u>	<u>1,251</u>
Net cash provided by investing activities		<u>1,610</u>	<u>1,251</u>
		_____	_____
Change in cash and cash equivalents in the reporting period		132,194	(151,017)
Cash and cash equivalents at the beginning of the reporting period		<u>765,078</u>	<u>916,095</u>
Cash and cash equivalents at the end of the reporting period		<u><u>897,272</u></u>	<u><u>765,078</u></u>

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Notes to the Cash Flow Statement
for the Year Ended 31 March 2024

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24	31.3.23
	£	£
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	73,709	(107,859)
Adjustments for:		
Interest received	(1,610)	(1,251)
Decrease/(increase) in debtors	47,737	(42,107)
Increase/(decrease) in creditors	<u>10,748</u>	<u>(1,051)</u>
Net cash provided by/(used in) operations	<u>130,584</u>	<u>(152,268)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23	Cash flow	At 31.3.24
	£	£	£
Net cash			
Cash at bank	<u>765,078</u>	<u>132,194</u>	<u>897,272</u>
	<u>765,078</u>	<u>132,194</u>	<u>897,272</u>
Total	<u>765,078</u>	<u>132,194</u>	<u>897,272</u>

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Notes to the Financial Statements for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern

There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

Grants

Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES - continued

Financial instruments

Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition.

Donated services

In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

2. DONATIONS AND LEGACIES

	31.3.24	31.3.23
	£	£
Donations	21,209	23,648
Gift aid	<u>10,357</u>	<u>6,667</u>
	<u>31,566</u>	<u>30,315</u>

3. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Fundraising events	48,412	57,499
Trading income	892	98
Services	<u>2,255</u>	<u>2,200</u>
	<u>51,559</u>	<u>59,797</u>

4. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Deposit account interest	<u>1,610</u>	<u>1,251</u>

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

5. INCOME FROM CHARITABLE ACTIVITIES

		31.3.24	31.3.23
	Activity	£	£
Grants	Support and advice	<u>835,313</u>	<u>532,227</u>

Grants received, included in the above, are as follows:

		31.3.24	31.3.23
		£	£
Anglia Ruskin University		-	5,901
Big Give Trust		-	8,496
Cambridgeshire County Council		17,500	55,000
Catholic Diocese of East Anglia		-	10,000
ChiSVA workbooks		-	200
Co-op Community Fund		-	3,631
Groundwork UK		-	1,000
NHS England		-	12,083
National Lottery Community Fund		39,686	-
Police and Crime Commissioner		776,127	435,916
PEM Charitable Trust		<u>2,000</u>	<u>-</u>
		<u>835,313</u>	<u>532,227</u>

6. RAISING FUNDS

Raising donations and legacies

		31.3.24	31.3.23
		£	£
Fundraising costs		<u>15,623</u>	<u>12,029</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	£	Support costs (see note 8)	Totals
		£	£	£
Support and advice		<u>819,561</u>	<u>11,155</u>	<u>830,716</u>

8. SUPPORT COSTS

	Finance	£	Governance costs	Totals
		£	£	£
Support and advice		<u>66</u>	<u>11,089</u>	<u>11,155</u>

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

8. SUPPORT COSTS - continued

Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £1,200 plus VAT (2023: £1,100 plus VAT) a fee for the assistance with the accounts preparation of £2,200 plus VAT (2023 £2,125 plus VAT).

Support costs, included in the above, are as follows:

	31.3.24	31.3.23
	Support and advice £	Total activities £
Bank charges	66	74
Accountancy fees	11,089	10,464
Legal fees	-	1,592
Recruitment fees	-	3,307
	<u>11,155</u>	<u>15,437</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

10. STAFF COSTS

	31.3.24	31.3.23
	£	£
Wages and salaries	392,465	323,893
Social security costs	32,947	28,216
Other pension costs	14,487	13,609
	<u>439,899</u>	<u>365,718</u>

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
ISVA team	7	7
ISVA manager	1	1
Counselling services manager	1	1
Volunteer manager	1	1
Fundraising manager	-	1
Administrator	1	1
Director	1	1
Centre manager	1	-
	<u>13</u>	<u>13</u>

No employee received emoluments in excess of £60,000.

During the year the total remuneration to key management personnel was £51,382.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	27,411	2,904	30,315
Charitable activities			
Support and advice	701	531,526	532,227
Other trading activities	57,397	2,400	59,797
Investment income	<u>1,251</u>	<u>-</u>	<u>1,251</u>
Total	<u>86,760</u>	<u>536,830</u>	<u>623,590</u>
EXPENDITURE ON			
Raising funds	12,029	-	12,029
Charitable activities			
Support and advice	<u>39,833</u>	<u>679,587</u>	<u>719,420</u>
Total	<u>51,862</u>	<u>679,587</u>	<u>731,449</u>
NET INCOME/(EXPENDITURE)	34,898	(142,757)	(107,859)
Transfers between funds	<u>5,897</u>	<u>(5,897)</u>	<u>-</u>
Net movement in funds	40,795	(148,654)	(107,859)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>252,852</u>	<u>666,631</u>	<u>919,483</u>
TOTAL FUNDS CARRIED FORWARD	<u>293,647</u>	<u>517,977</u>	<u>811,624</u>

12. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 April 2023 and 31 March 2024	<u>1</u>
NET BOOK VALUE	
At 31 March 2024	<u>1</u>
At 31 March 2023	<u>1</u>

There were no investment assets outside the UK.

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

12. FIXED ASSET INVESTMENTS - continued

The charity's investments at the balance sheet date in the share capital of companies include the following:

Icena Limited

Registered office: 2 Pavilion Court, 600 Pavilion Drive, Northampton, NN4 7SL

Nature of business: Social enterprise

	%		
Class of share:	holding	31.7.23	31.7.22
Ordinary	20	£	£
Aggregate capital and reserves		(163,711)	(119,725)
Loss for the year		<u>(43,991)</u>	<u>(34,577)</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Other debtors	12,394	12,307
Prepayments and accrued income	<u>12,091</u>	<u>59,915</u>
	<u>24,485</u>	<u>72,222</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	18,352	17,476
Other creditors	1,781	1,316
Accruals and deferred income	<u>16,292</u>	<u>6,885</u>
	<u>36,425</u>	<u>25,677</u>

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.24	31.3.23
	£	£
Within one year	-	16,200
Between one and five years	<u>-</u>	<u>10,800</u>
	<u>-</u>	<u>27,000</u>

In respect of a property rental lease.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

16. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	293,646	18,022	311,668
Restricted funds			
Cambridge County Council - Counselling	23,570	(23,570)	-
Counselling Fundraising	25,906	(12,764)	13,142
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	346,315	148,879	495,194
Groundwork UK	1,000	(1,000)	-
Male Rape Support Fund	3,350	19,462	22,812
National Health Carry over	108,337	(108,337)	-
Safer Streets	5,000	3,628	8,628
National Lottery Women's Consortium	-	29,506	29,506
Women's Festival	4,500	(117)	4,383
	<u>517,978</u>	<u>55,687</u>	<u>573,665</u>
TOTAL FUNDS	<u>811,624</u>	<u>73,709</u>	<u>885,333</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	84,356	(66,334)	18,022
Restricted funds			
Cambridge County Council - Counselling	-	(23,570)	(23,570)
Counselling Fundraising	124	(12,888)	(12,764)
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	749,933	(601,054)	148,879
Groundwork UK	-	(1,000)	(1,000)
Male Rape Support Fund	28,449	(8,987)	19,462
National Health Carry over	-	(108,337)	(108,337)
Safer Streets	17,500	(13,872)	3,628
National Lottery Women's Consortium	39,686	(10,180)	29,506
Women's Festival	-	(117)	(117)
	<u>835,692</u>	<u>(780,005)</u>	<u>55,687</u>
TOTAL FUNDS	<u>920,048</u>	<u>(846,339)</u>	<u>73,709</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	252,852	34,897	5,897	293,646
Restricted funds				
ARU	-	5,450	(5,450)	-
CADA Fund	82,970	-	(82,970)	-
Cambridge County Council - Counselling	-	23,570	-	23,570
Counselling Fundraising	15,861	10,045	-	25,906
Countrywide Sexual Violence Support				
Services Contract (PCC) - ISVA Services	409,655	(146,310)	82,970	346,315
Girl Up Group	371	(371)	-	-
Groundwork UK	-	1,000	-	1,000
Independent Inquiry into Child Sexual				
Abuse	3,446	-	(3,446)	-
Male Rape Support Fund	-	3,350	-	3,350
National Health Carry over	138,164	(29,827)	-	108,337
National Lottery Community Fund	6,664	(9,663)	2,999	-
Safer Streets	5,000	-	-	5,000
Women's Festival	4,500	-	-	4,500
	<u>666,631</u>	<u>(142,756)</u>	<u>(5,897)</u>	<u>517,978</u>
TOTAL FUNDS	<u>919,483</u>	<u>(107,859)</u>	<u>-</u>	<u>811,624</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,759	(51,862)	34,897
Restricted funds			
ARU	5,900	(450)	5,450
Cambridge County Council - Counselling	55,000	(31,430)	23,570
Co-Operative Community Fund	719	(719)	-
Counselling Fundraising	26,012	(15,967)	10,045
Countrywide Sexual Violence Support			
Services Contract (PCC) - ISVA Services	426,713	(573,023)	(146,310)
Girl Up Group	-	(371)	(371)
Groundwork UK	1,000	-	1,000
Male Rape Support Fund	9,404	(6,054)	3,350
National Health Carry over	12,083	(41,910)	(29,827)
National Lottery Community Fund	-	(9,663)	(9,663)
	<u>536,831</u>	<u>(679,587)</u>	<u>(142,756)</u>
TOTAL FUNDS	<u>623,590</u>	<u>(731,449)</u>	<u>(107,859)</u>

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	252,852	52,919	5,897	311,668
Restricted funds				
ARU	-	5,450	(5,450)	-
CADA Fund	82,970	-	(82,970)	-
Counselling Fundraising	15,861	(2,719)	-	13,142
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	409,655	2,569	82,970	495,194
Girl Up Group	371	(371)	-	-
Independent Inquiry into Child Sexual Abuse	3,446	-	(3,446)	-
Male Rape Support Fund	-	22,812	-	22,812
National Health Carry over	138,164	(138,164)	-	-
National Lottery Community Fund	6,664	(9,663)	2,999	-
Safer Streets	5,000	3,628	-	8,628
National Lottery Women's Consortium	-	29,506	-	29,506
Women's Festival	<u>4,500</u>	<u>(117)</u>	<u>-</u>	<u>4,383</u>
	<u>666,631</u>	<u>(87,069)</u>	<u>(5,897)</u>	<u>573,665</u>
TOTAL FUNDS	<u>919,483</u>	<u>(34,150)</u>	<u>-</u>	<u>885,333</u>

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	171,115	(118,196)	52,919
Restricted funds			
ARU	5,900	(450)	5,450
Cambridge County Council - Counselling	55,000	(55,000)	-
Co-Operative Community Fund	719	(719)	-
Counselling Fundraising	26,136	(28,855)	(2,719)
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	1,176,646	(1,174,077)	2,569
Girl Up Group	-	(371)	(371)
Groundwork UK	1,000	(1,000)	-
Male Rape Support Fund	37,853	(15,041)	22,812
National Health Carry over	12,083	(150,247)	(138,164)
National Lottery Community Fund	-	(9,663)	(9,663)
Safer Streets	17,500	(13,872)	3,628
National Lottery Women's Consortium	39,686	(10,180)	29,506
Women's Festival	-	(117)	(117)
	<u>1,372,523</u>	<u>(1,459,592)</u>	<u>(87,069)</u>
TOTAL FUNDS	<u>1,543,638</u>	<u>(1,577,788)</u>	<u>(34,150)</u>

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

Countrywide Sexual Violence Support Services Contract (OPCC)

The contract covers the delivery of a countywide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work). This is delivered in partnership with our sister Centre, Peterborough Rape Crisis Care Group.

The Cambridgeshire County Council CADA Home Office Funded Project

The funds CRCC receives through the CADA project are for enhanced Children and Young Peoples Sexual Violence Advocacy support provision and funds a ChISVA post.

Cambridge County Council Counselling Fund

To support counselling for survivors of domestic abuse.

Co-operative Community Fund

Provision for counselling support

Counselling Fundraising

Targeted fundraising for counselling support.

National Health Carry Over

Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

This fund was formerly named NHS Talking Therapies.

Cambridge Rape Crisis Centre

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

16. MOVEMENT IN FUNDS - continued

Girl Up Group

Peer support group for young women and girls aged 13 - 16 years.

Independent Inquiry into Child Sexual Abuse

Funds received for supporting survivors to give evidence at the IICSA enquiry.

National Lottery Community Fund

Grant for provision of counselling services in response to the increased need and demand for therapeutic support throughout the pandemic.

Safer Streets (tackling violence against women and girls)

Grant to deliver a Sexual Violence Ambassador programme for young people in school.

Celebrating Women fund (Women's Festival) - Cambridge City Council

Grant to support events to mark and celebrate CRCC's 40th Anniversary and the contribution of the women's sector to Cambridge city.

Male Rape Support Fund

Provision of counselling and therapeutic support to male survivors.

ARU

Service level agreement with ARU to co-locate ARU ISVA post at CRCC and support the delivery of training to staff.

Cambridge and Peterborough Women's Consortium (CPWC)

Our consortium's vision is for women and girls to be free to live the life they chose.

The purpose of working together is to maximise and amplify the impact of the work we do for the women and girls we serve and the organisations they may come into contact with.

The Cambridgeshire and Peterborough Women's Consortium is comprised of seven independent specialist women-led organisations:

- Cambridge Rape Crisis Centre
- Cambridge Women's Aid
- Cambridge Women's Resources Centre
- One Voice 4 Travellers
- Peterborough Rape Crisis Care Group
- Peterborough Women's Aid
- Turtle Dove Cambridge

Our memorandum of understanding outlines how we will operate on a lead member basis for each project we seek funding for. This promotes equality across our organisation by allowing for smaller members to gain experience of project leadership.

Funding from National Lottery Community Fund - Women's Consortium

The Consortium received funding from the National Lottery Community Fund (Partnerships London South East Region) This has enabled the Consortium to appoint a Consortium Lead to ensure our sustainability and make our work more efficient - working together means that effort made for one organisation benefits us all as duplication is reduced and any/all service development is sure to be aligned.

A Consortium Lead can make sure that we effectively share information to better identify gaps and that we develop intersectional responses across our organisations, some of which provide specialist support - e.g. relating to domestic violence - and some of which provide broader support, e.g. general support for marginalised women. Through developing joint plans and developing joint services we will enhance the impact of our services.

Cambridge Rape Crisis Centre

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

17. RELATED PARTY DISCLOSURES

Included in other debtors at the end of the year was an interest free loan of £12,307 to Icena Limited.

18. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.

19. DISCLOSURE OF FUNDS RECEIVED AS AGENT

During the year, the charity has acted as an agent on behalf of a consortium of two local charities, Cambridge Rape Crisis Centre and Peterborough Rape Crisis Care Group.

During the year, Cambridge Rape Crisis Centre received income of £396,436 as agent for the consortium and did not receive a fee for managing the consortium.

At the year end there were no balances owed between consortium members.

Cambridge Rape Crisis Centre

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	21,209	23,648
Gift aid	<u>10,357</u>	<u>6,667</u>
	31,566	30,315
Other trading activities		
Fundraising events	48,412	57,499
Trading income	892	98
Services	<u>2,255</u>	<u>2,200</u>
	51,559	59,797
Investment income		
Deposit account interest	1,610	1,251
Charitable activities		
Grants	<u>835,313</u>	<u>532,227</u>
Total incoming resources	920,048	623,590
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	15,623	12,029
Charitable activities		
Wages	392,465	323,893
Social security	32,947	28,216
Pensions	14,487	13,609
Rent, rates & room hire	65,111	48,057
Insurance	3,167	2,320
Telephone and internet	40,758	37,847
Postage, stationery and office supplies	9,392	4,176
Sundries	4,352	3,743
Clinical supervision	7,345	6,655
Volunteer and staff training	5,454	5,577
DBS checks	363	422
I.T. and computer consumables	3,418	3,271
Counselling	218,958	200,186
ISVA expenses	12,164	23,305
Travel costs	-	418
Covid 19	1,872	2,288
Relocation costs	<u>7,308</u>	<u>-</u>
	819,561	703,983

This page does not form part of the statutory financial statements

Cambridge Rape Crisis Centre

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
Support costs		
Finance		
Bank charges	66	74
Governance costs		
Accountancy fees	11,089	10,464
Legal fees	-	1,592
Recruitment fees	-	3,307
	<u>11,089</u>	<u>15,363</u>
Total resources expended	<u>846,339</u>	<u>731,449</u>
Net income/(expenditure)	<u>73,709</u>	<u>(107,859)</u>

This page does not form part of the statutory financial statements